



**INSTAGRAM: @RIPECHOICECATERING**

**312 ROSECRANS AVENUE  
MANHATTAN BEACH, CA  
(310) 546-4800  
THERIPECHOICE.NET**

**STOREFRONT HRS: MON - SAT 10AM - 3PM**

**FULL SERVICE CUSTOM CATERING  
(310) 962-4597**



# Breakfast Sandwiches

Served all day

## "TAMMY'S" Egg Sammy

Country Ham, Fried Egg, Crispy Hashbrown, Cheddar Cheese, English Muffin **6.25**

## STEAK & EGG

Fried egg, grilled flank steak, cheddar cheese, roasted garlic aioli on sourdough. **6.00**

# Grain Salads

All salads are 10 oz.

## GF Mediterranean Lentil Salad

Roasted Rainbow Carrots, Chickpeas, Spinach, Feta Cheese, Toasted Pumpkin Seeds, Lemon Tahini Dressing **6.00**

## GF Red Quinoa Salad

Roasted Butternut Squash, Apples, Red Onions, Toasted Walnuts, Blonde Raisins, Kale, Balsamic Vinaigrette. **6.00**

## Market Farro Salad

Roasted Cauliflower, Shaved Brussel Sprouts, Toasted Pine Nuts, Dried Cranberries, Shaved Parmesan, Lemon Vinaigrette **6.00**

NEW

# KIDS MENU

P.B.J. / Grilled Cheese / Turkey & Cheese

On Multigrain Seeded Bread \*\*

5.00

# Entree Salads

All salads are 16 oz.

## GF Autumn Harvest Vegetarian

Hearty Greens / Cinnamon Roasted Butternut Squash / Lentils / Roasted Chickpeas / Pom Arils / Toasted Walnuts / Sunflower Seeds / Balsamic Vinaigrette **10.00**

## GF Ripe Choice "Signature"

Grilled Chicken Breast / Mixed Greens / Nuts / Feta Cheese / Seasonal Fruit & Vegetables / Balsamic Vinaigrette **11.00**

## GF Roasted Salmon Salad

Maple Roasted Salmon / Hearty Winter Greens / Shaved Red Onions / Grapes / Nuts / Golden Beets / Winter Radish / Lemon Vinaigrette **12.50**

*Please call for today's additional offerings.*

# Soups

Our house made soups change weekly, please call for our daily offerings Sm. \$4.00 Lg. \$6.00

# Sides & Add Ons

## Chicken / Steak / Salmon

Add to any salad 2.50 / 3.00 / 3.25

## Garden Tomato / Avocado / Cheese

Add on to any sandwich 1.00 / 1.50 / 1.50

*Please inquire for additional add ons if desired.*

# Pressed Sandwiches

All sandwiches pressed unless indicated \*\*

## The "CA" Girl

House Roasted Turkey Breast / Applewood Smoked Bacon / Avocado / Havarti Cheese / Roasted Garlic Aioli / Sourdough **11.25**

## The Sicilian

Balsamic Marinated Grilled Chicken Breast / Wild Arugula / Sun Dried Tomato - Olive Tapenade / Goat Cheese / Ciabatta **10.95**

## The "M.B." Melt

Marinated Grilled Flank Steak, Grilled Peppers & Onions, Provolone Cheese, Toasted French Roll **11.95**

## "Grown Up" Grilled Cheese

French Brie / Havarti / Caramelized Onion Apricot Jam / Wild Arugula / Sourdough **10.00**

## Half & Half

Half of any sandwich and a cup of any soup **9.95**

# Assorted Sweets

Espresso Brownie **4.00**

Monkey Bar **3.50**

# Beverages

House Brewed Coffee & Tea  
Served hot or iced

Water, Pellegrino, Coke, Diet Coke